**How to Support Your Pregnant Family Member**

*Community Education Presentation*

**Presenter’s Agenda**

**Insert Date of Presentation**

**Insert Time of Presentation**

**Insert Location Information**

|  |  |  |
| --- | --- | --- |
| Timing | Topic | Description |
| 5 minutes | **Welcome, Introduction & Overview of Agenda** | * Introduce self, organization, and experience with topic
* Review the three key ideas that attendees will know at the end of the presentation
* Briefly review the agenda or timing
 |
| 12 minutes | **Presentation of Information** | * Provide information focusing on the three key ideas:
	+ The importance of support
	+ Practical support
	+ Emotional support
 |
| 5 minutes | **Engagement Activity** | * **Think-Pair-Share**: Participants turn to a partner and reflect on a key question - What type of support do you feel the most prepared to provide to your pregnant family member?
* **Group Discussion:** Participants engage in a large group discussion about ways that folks intend to provide support to their pregnant family members?
* **Reflection:** Participants briefly consider what is one thing they will do today to support their pregnant family member.
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| 5 minutes | **Questions** | * Participants pose questions and the presenter responds
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| 3 minutes  | **Closing** | * Presenter thanks the attendees and provides additional resources regarding the topic
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Published in 2021. To learn more about the MHN, please visit our website at [www.maternalhealthnetworksb.com](http://www.maternalhealthnetworksb.com).