A few women sitting on a couch

Description automatically generated with low confidence****

**[Insert Date and Time]**

Please join us to learn a little bit about breastfeeding for new parents. The gathering will provide useful information and an opportunity to discuss the following topics with soon to be parents:

* Benefits of Breastfeeding
* Common Reasons Parents Stop Breastfeeding
* Common and Normal Experiences when Breastfeeding

*If you or someone you know would like support with breastfeeding, please call* ***211*** *or the Breastfeeding Hotline at* ***1-800-994-9662***

**Presented by [name], [organization]**

Insert two sentence biography of subject matter expert.

**Breastfeeding 101**

***Benefits, Tips, and Tricks***

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**Insert Logo and/or Picture of Presenter**