



PEI Tip Sheet

HEALTHY RELATIONSHIPS

What You Need to Know



45.1% OF BLACK WOMEN REPORT EXPERIENCING INTIMATE PARTNER VIOLENCE IN THEIR LIFETIME IN THE UNITED STATES.

For more information, access the Maternal Health Data Snapshot [here](#).

Expecting mothers need to feel comfortable expressing their feelings with their partners. This may be in jeopardy when mothers don't feel safe around their partner. If complications with the pregnancy aren't brought up as soon as possible they can hurt both the baby and the mother. Providers need to be aware that mothers may not always feel comfortable addressing concerns with or in the presence of their partner. Additionally, finding a doctor or medical care center with a diverse team will help Black mothers feel seen and respected.

Additional Resources on the Topic

For more information on this topic, please follow these resource links:



Black Women's Maternal Health and Intimate Partner

Violence: A resource developed by Futures without Violence describing statistics, opportunities, and resources specific to Black women.



Intimate Partner Violence Prevention:

A resource developed by the CDC with broad strategies for prevention of violence, as well as a technical toolkit to support prevention.



IPV Health:

A website dedicated to supporting health care providers in responding effectively to intimate partner violence.

Referring to Programs

Click onto the following links to refer families to these programs

Black Infant Health

Group-based services where Black/African American women can connect, learn and prepare for the birth of their child.

Home Visiting

Home visiting services are offered to Black/African American families.

Fatherhood Partnership

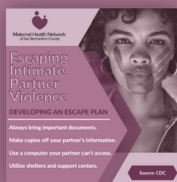
The 24/7 Dad program offers Black/African American fathers the opportunity to learn and grow together.

Doula Supports

Doulas are available to Black/African American families in their birthing experience.

Sharing Our Message

Download and customize the following messages from our website: www.maternalhealthnetworksb.com/maintaining-healthy-relationships



Instructions for social media sharing can be found [here](#).