



# Healthy Start Enhanced

*San Bernardino (HSE-SB)*

## Who are we?

An international humanitarian aid organization  
operating in 30+ countries, including the U.S.

[www.globalcommunities.org](http://www.globalcommunities.org)

Formerly *PCI (Project Concern International)*, founded in San Diego  
Merged with Global Communities in 2021.



Health, GEYSI (Inclusion),  
Economic Opportunity



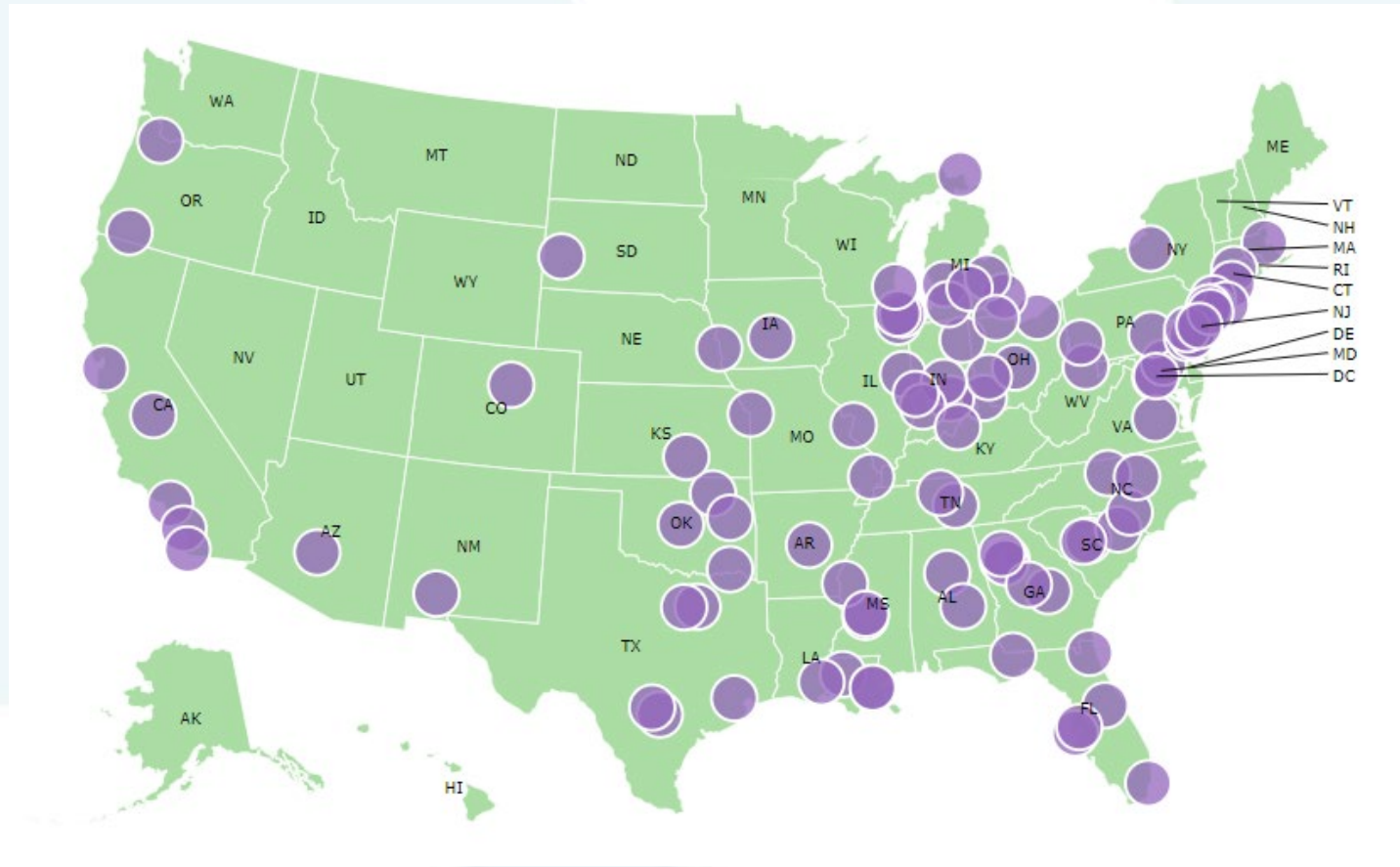
**Global  
Communities**

# Healthy Start

Maternal, Newborn, and Child Health



The purpose of Healthy Start (HS) is to improve health outcomes before, during, and after pregnancy, and reduce racial/ethnic differences in rates of infant death and other “perinatal” outcomes.



**Funder:** Health Resources and Services Administration (HRSA), an agency of the U.S. Department of Health and Human Services (DHHS)

# Theory of Change

To decrease infant mortality disparities in San Bernardino County, Black families must have access to services that are shown to improve birth outcomes, including midwifery care, mental health and lactation support, and doula services.

Because of the large geographic area, multiple points of access must be available, including in the high desert region.

To ensure a stronger infrastructure and sustainability, existing service providers should be identified, uplifted, and coordinated.

The upstream drivers of infant mortality must be addressed across a broad coalition of organizations who work collectively to identify, plan, and advocate for system level improvement.



**Global  
Communities**

# Healthy Start Consortium

**WE NEED YOU!**

**Community Consortium:** brings together local partners and community members with lived experience to address social determinants of health through workgroups and trainings.

**GOAL:** Eliminate disparities in birth outcomes.





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# HSE-SB Team

Program Director  
Consortium Manager  
Care Coordinator Candidates (x4)  
SB – Midwife/IBCLC  
High Desert– Midwife/IBCLC  
Mental Health Clinicians



# HSE-SB Program Offerings

- Doulas
- Care Coordination/ Resource Navigation + Education
- Midwifery-led Prenatal Groups
- IBCLC-led Postpartum Groups
- Mental Health Services







## Mental Health Services

GC is offering mental health counseling to HSSB Participants.

# Midwifery-led Prenatal Groups

Conduct	Facilitate	Offer	Include
Conduct group activities intended to assist in early identification of high-risk pregnancies & early warning signs	Facilitate group discussions (curriculum will be provided)	Offer opportunities for individual questions & scheduling postpartum and newborn assessments post Birth	Clinical checks will include health measurements such as blood pressure and weight checks, preeclampsia screening, fundal height measurement.

# IBCLC (or) Lactation Professional

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Implement weekly new parent support group with assistance from the Care Coordinator

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New parent support group activities include: 30 mins socialization, 30 mins of support.

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Topics include: swaddling, safe sleep, breastfeeding techniques, positioning, latch, common breastfeeding challenges, etc.



## Locations

- IEHP Community Centers
- Victorville
- San Bernardino

Healthy Start Enhanced invites you to

# MIDWIFERY-LED PRENATAL AND NEW PARENT GROUPS

## JOIN US!

### *New Parent Group and Prenatal Group*

Join our New Parent and Prenatal groups led by Midwife Sherrie. Receive guidance, one-on-one time with Sherrie, and listen to your baby's heartbeat. Learn about breastfeeding techniques, newborn care, safe sleep, and more. Enjoy free food, transportation, and fun! Open to all expecting and new parents.

**Midwife  
Sherrie**



**Starting Wednesday June 5th**

Victorville IEHP Community  
Wellness Center

12353 Mariposa Rd Suites C-2  
& C-3, Victorville, CA 92395



### Group Programs

**1 Lactation & New Parent**

**Support Group**

June 5th, 13th and 27th

10:00am - 12:00noon

June 20th

11:00am - 1:00pm

**2 Midwife-led Prenatal Group**

June 5th, 13th 20th and 27th

2:00pm - 4:00pm

For more information, contact us at

**858-227-7317**

[jwade@globalcommunities.org](mailto:jwade@globalcommunities.org)

Healthy Start Enhanced invites you to

# MIDWIFERY-LED PRENATAL AND NEW PARENT GROUPS

## JOIN US!

### *New Parent and Prenatal Group*

Join our New Parent and Prenatal groups led by Midwife Raven. Receive guidance, one-on-one time with Raven, and listen to your baby's heartbeat. Learn about breastfeeding techniques, newborn care, safe sleep, and more. Enjoy free food transportation and fun! Open to all expecting and new parents.

**Midwife  
Raven**



**Starting Friday June 7**

San Bernardino IEHP  
Community Wellness Center

805 W. Second Street Suite C  
San Bernardino CA 92410



### Group Programs

**1 Lactation & New Parent  
Support Group**

Friday 10:00am - 12:00 noon

**2 Midwife-led Prenatal  
Group**

Friday 2:00pm - 4:00pm

For additional information, contact us at:

**858-227-7317**

[jwade@globalcommunities.org](mailto:jwade@globalcommunities.org)



## HEALTHY START ENHANCED


## SAN BERNARDINO



### Meet The Midwives

Come and meet our dedicated team and experienced midwives! Our team is eager to get to know you and discuss how we can best support birthing families.

 Saturday, June 22, 2024  At 9 AM - 12 PM

 805 W. Second St. Suite C San Bernardino, CA 92410



# Meet the HSE Midwives!

Saturday June 22<sup>nd</sup>  
9:00am – 12:00 noon

IEHP San Bernardino Community  
Wellness Center

Contact Natasha for additional information  
[Nfahlgren@globalcommunities.org](mailto:Nfahlgren@globalcommunities.org)





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**Thank You!**