



# Smoke-Free HOPE

Are you currently pregnant and looking to stop smoking or quit other tobacco or nicotine products? Or have you recently quit and working to stay tobacco/nicotine-free? If so, we are here to support you!



**NOW ENROLLING!**



## WHAT TO EXPECT :

- Individual support with quitting tobacco or nicotine products
- Access to resources for you and your baby
- Participant incentives up to \$300 total (e-gift cards)

## Participants must be:

- 18 years or older
- Currently pregnant
- Actively/Currently using tobacco or nicotine products, such as cigarettes, e-cigs, vapes, nicotine pouches, or chewing tobacco
- Willing to quit tobacco or nicotine use
- Receiving prenatal care if pregnant
- Resident of San Bernardino or Riverside County



If you are interesting in our program, please contact us by phone at 909-501-4058 or by web at [www.smokefreehope.org/contact/](http://www.smokefreehope.org/contact/) or by using the QR code above.